

MELFORT

1121 Main Street Mall | Melfort, SK S0E 1A0 p: 306 752 3166 f: 306 752 3167 c: 306 921 3107

HUMBOLDT

2408 Westwood Centre | Humboldt, SK S0K 2A0 p: 306 682 3163 f: 306 682 3164 c: 306 231 6188

PRINCE ALBERT

300-681 15th Street W | Prince Albert, SK S6V 7H9 p: 306 764 1986 f: 306 764 1978 c: 306 960 8862

APPOINTMENT POLICY

There are always patients waiting for appointment. To be fair to them and us, please give **1 DAY CANCELLATION OR RESCHEDULING NOTICE**. *Please Note ** All patients must be at the Clinic no later than 5 minutes prior to appointment time.*

ULTRASOUND PREPARATION INSTRUCTIONS

ABDOMEN:

Do not eat or drink anything for 8 hours prior to your appointment. You may take medication with a small amount of water.

ABDOMEN and PELVIS:

Do not eat anything for 8 hours prior to your appointment but finish 4 glasses of water at least 2 hours prior to appointment time. Do not empty bladder. For early morning appointments, do not empty bladder after getting up and do not eat.

PELVIS and BLADDER:

You must have a very full bladder for this examination. Finish 4 glasses of water at least 2 hours prior to appointment time. Do not empty bladder.

RENAL:

Do not eat anything for 4 hours prior to this examination.

PREGNANCY:

1st **Trimester** *(Up to 12 weeks)*: finish 4 glasses of water at least 2 hours prior to appointment time. Do not empty bladder.

Mid (12-22 weeks): finish 3 glasses of water at least 1 hour prior to appointment time. Do not empty bladder.

Late (*After 22 weeks*): finish 2 glasses of water at least 1 hour prior to appointment time. Do not empty bladder.

AXILLA:

Do not use deodorant/antiperspirant prior to exam.

OTHER:

THYROID, SCROTAL, SOFT TISSUE, MUSCULOSKELETAL. No preparation required.